



## CURRICULUM CATALOG

# Psychology

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## Psychology Course Overview

Psychology is an introductory elective course for high school students. Throughout the course students will examine influences on human actions and beliefs, factors influencing behavior and perception, and basic psychological theories. Students will develop and apply their understanding of psychology through lessons and projects that require interaction and observation of others.

- **Unit 1:** Students will be introduced to the beginnings of psychology, research methods, and ethics of the profession.
- **Unit 2:** Students will examine the biology of behavior, sensory processes, motivation, and stress.
- **Unit 3:** Students will learn about the stages of human development and personality.
- **Unit 4:** Students will discover the different methods of learning, aspects of memory, language, and levels of consciousness.
- **Unit 5:** Students will explore mental disorders and abnormal behaviors and how to treat them. They will also why people obey and influence other's behavior.

Unit 1: Introduction and Methods		
Assignments		
Psychology	1. Course Overview	10. Statistics
	2. Introduction to Psychology	11. Balancing Right and Wrong (Ethics)
	3. Experimental Psychology and Schools of Thought	12. Experiment: Bouba-Kiki Effect
	4. More About Psychological Perspectives	13. Essay: What Would You Do?
	5. Report: Influential Psychologists	14. Quiz 2: Research and Methods
	6. Psychological Fields and Careers	15. Special Project*
	7. Report: Understanding More about Careers in Psychology	16. Review
	8. Quiz 1: Introduction to Psychology	17. Test
	9. Research and Methods	18. Alternate Test*
	19. Glossary and Credits	

Unit 2: Biopsychosocial Psychology		
Assignments		
Psychology	1. The Biology Behind Our Behavior	9. Stress
	2. Sensory Processes	10. Essay: Reflecting on Stress in Your Life
	3. Project: Blind Spots	11. Quiz 2: Motivation, Emotion, Stress
	4. Project: Smell vs. Taste	12. Special Project*
	5. Quiz 1: Biology and Sensory Processes	13. Review
	6. Motivation	14. Test
	7. Essay: What Motivates You?	15. Alternate Test*
	8. Values and Expectations	16. Glossary and Credits

Unit 3: Developmental Psychology		
Assignments		
Psychology	1. Lifespan Development	9. Personality Tests
	2. Piaget and Erikson: Theories of Development	10. Essay: Character Counts
	3. Critical Periods	11. Quiz 2: Personality
	4. Research: Hereditary Conditions and Deformities	12. Special Project*
	5. Quiz 1: Lifespan Development	13. Review
	6. What is Personality?	14. Test
	7. Free Will vs. Determinism	15. Alternate Test*
	8. Essay: Do You Have a Choice?	16. Glossary and Credits

Unit 4: Cognitive Psychology		
Assignments		
Psychology	1. What is Learning?	12. Consciousness and Sleep
	2. Conditioning	13. Dreams
	3. Observational Learning	14. Report: Dream Analysis
	4. Essay: Who is Your Role Model?	15. Research: Hypnosis
	5. Quiz 1: Learning	16. Quiz 3: Thinking, Language, Consciousness, and Sleep
	6. Memory	17. Special Project*
	7. The Brain and Memory	18. Review
	8. Project: Serial Position Effect	19. Test
	9. Quiz 2: Memory	20. Alternate Test*
	10. Thinking	21. Glossary and Credits
	11. Language	

Unit 5: Abnormal and Group Behavior		
Assignments		
Psychology	1. Abnormal Behavior	9. Project: Conformity
	2. Mental Disorders	10. Essay: How Can You Use Influence for Good?
	3. Treating Disorders	11. Quiz 2: Group Behavior
	4. Report: Medication	12. Special Project*
	5. Quiz 1: Abnormal Behavior	13. Review
	6. Obedience to Authority	14. Test
	7. Altruism	15. Alternate Test*
	8. Social Influence and Conformity	16. Glossary and Credits

Unit 6: Course Review and Exam		
Assignments		
PSYCHOLOGY	1. Review	3. Alternate Exam*
	2. Exam	

(\*) Indicates alternative assignment