

Horizons

Health
Grade 2

Student Workbook



Name: _____




Saying No. Can you help?


These children want to say no.

Help them say no in a good way. Write a sentence for each child.

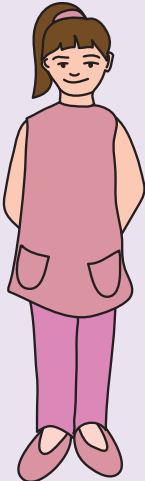
1. Alex wants to say no to something wrong.




2. Zak wants to say no to something dangerous.



3. Chris wants to say no to something that might hurt another.



4. Sandy wants to say no to something that might harm her body.



• Can you think of a time when you said no to something harmful? What did you say?

Name: _____

Unit 2
Lesson 1
Student Activity 1b



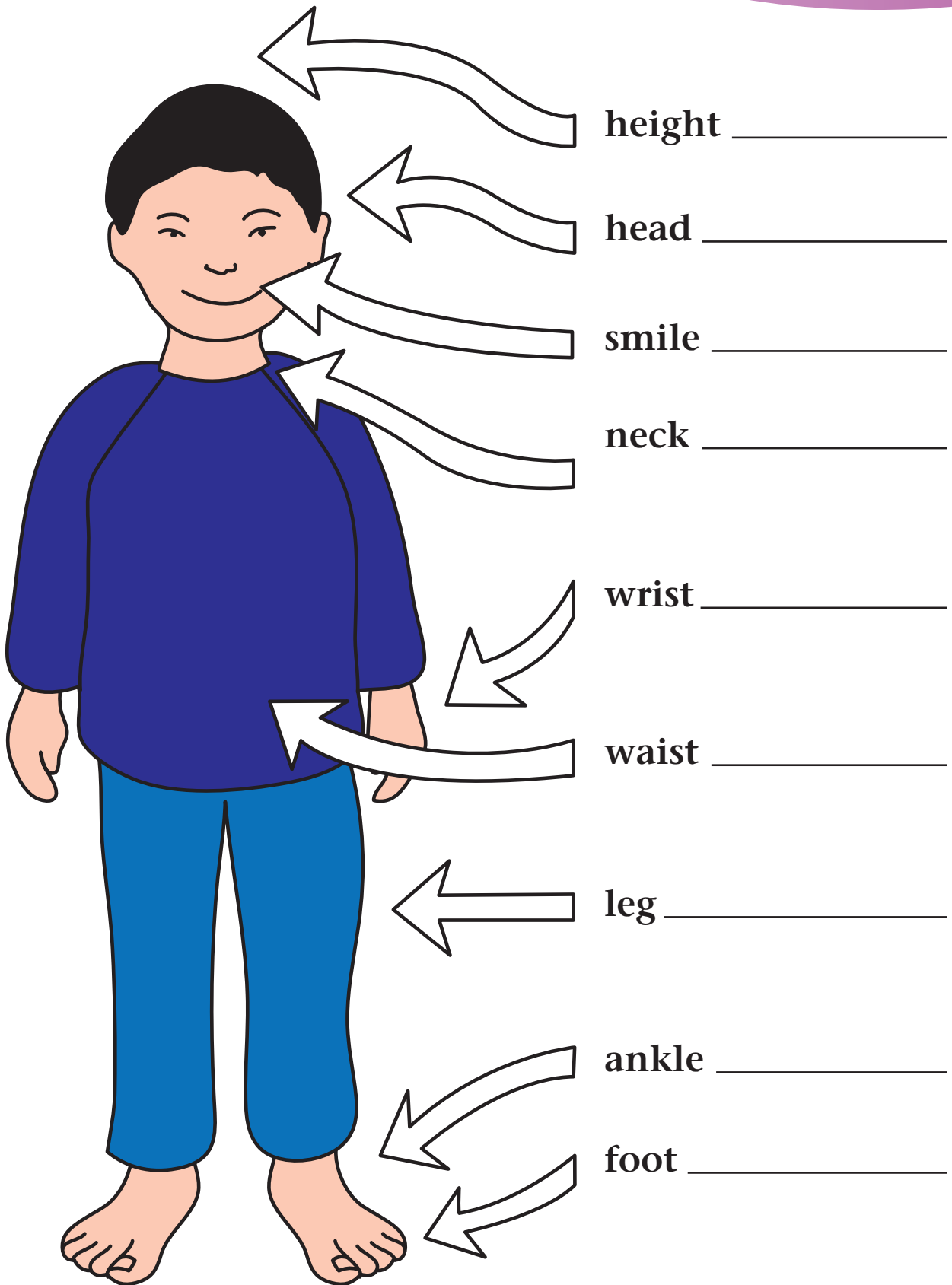
Color the pictures and cut out the house.

Tape this picture to the picture on the previous page.



Unit 4
Lesson 1
Student Activity

Name: _____



height _____

head _____

smile _____

neck _____

wrist _____

waist _____

leg _____

ankle _____

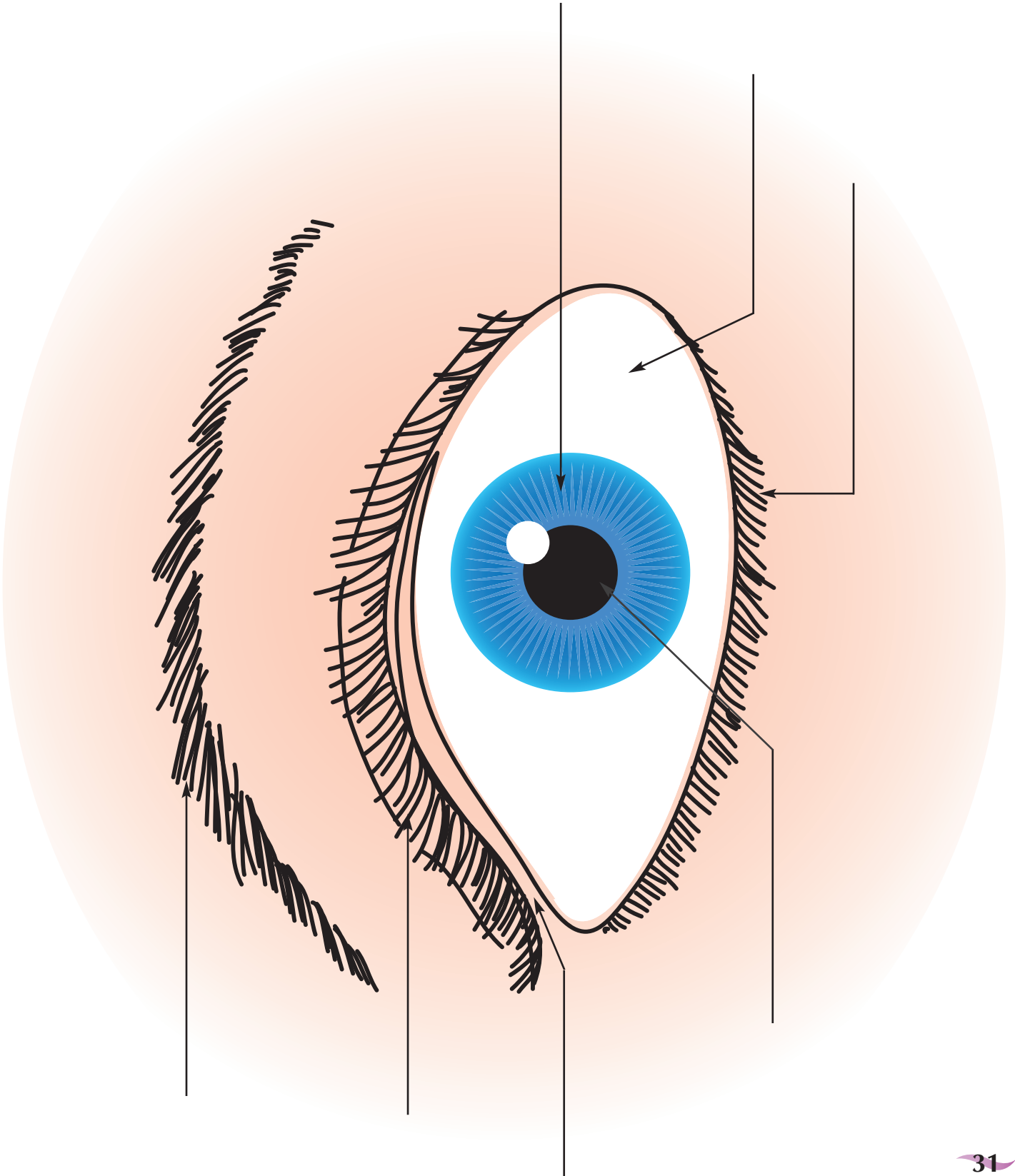
foot _____

Name:

Unit 4
Lesson 4
Student Activity 1



Identify as many parts of the eye as you can.



Name: _____

Yum Yum Cafe Breakfast Menu

Breakfast 1



cheese

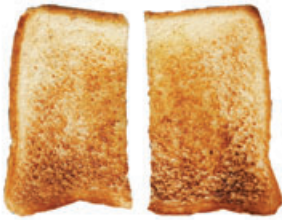


crackers



orange juice

Breakfast 2



toast



egg



grapefruit



chocolate milk

Breakfast 3



pancakes



yogurt



blueberries

Breakfast 4



cereal



strawberries

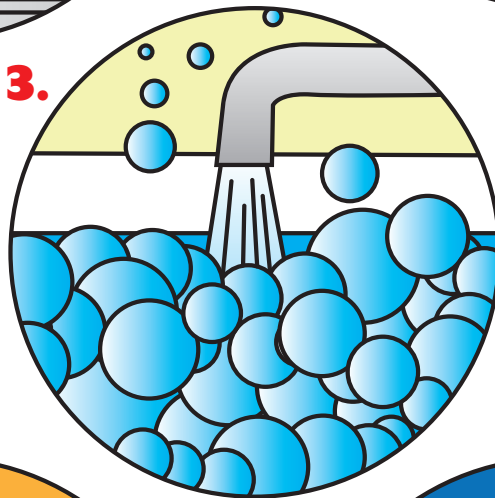
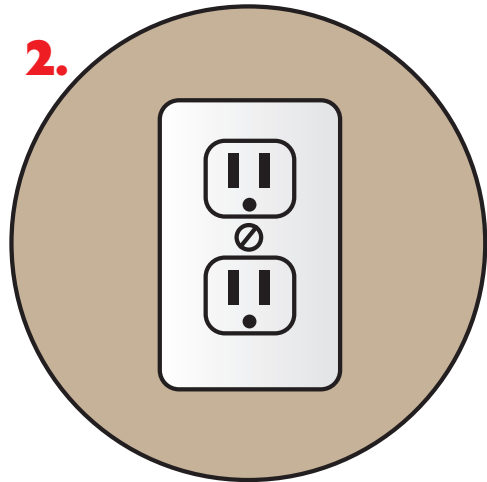
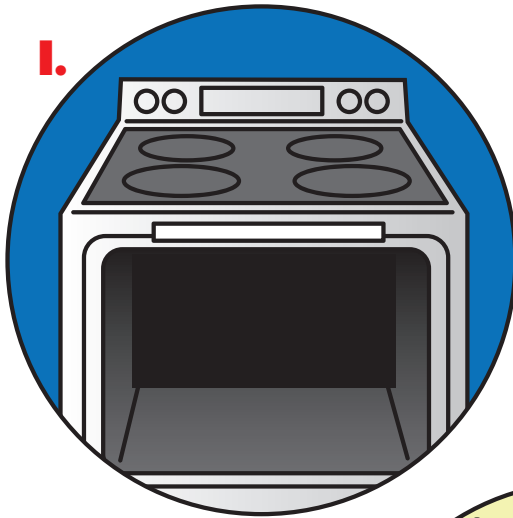


milk

Name: _____



On the lines below, write the potential danger in each picture.



Kitchen

1. _____
2. _____
3. _____

4. _____
5. _____