



Switched-On
SCHOOLHOUSE

Course Catalog

Science 300

Table of Contents

COURSE OVERVIEW	1
UNIT 1: YOU GROW AND CHANGE.....	1
UNIT 2: PLANTS	1
UNIT 3: ANIMALS: GROWTH AND CHANGE.....	2
UNIT 4: YOU ARE WHAT YOU EAT	2
UNIT 5: PROPERTIES OF MATTER.....	2
UNIT 6: SOUNDS AND YOU	2
UNIT 7: TIME AND SEASONS.....	3
UNIT 8: ROCKS AND THEIR CHANGE	3
UNIT 9: HEAT ENERGY.....	3
UNIT 10: REVIEW.....	3

COURSE OVERVIEW

Science 300 is a basic elementary course intended to expose students to the designs and patterns in God’s physical universe. This course provides a broad survey of the major areas of science. Some of the areas covered in Science 300 include the human body, plants, animals, health and nutrition, matter, sound waves, earth science, and heat energy.

The course seeks to develop the student’s ability to understand and participate in scientific inquiry. The units contain experiments and projects designed to build on children’s natural curiosity. The student will explore, observe, and manipulate everyday objects and materials in their environment. Collectively, this should help students develop a subject-matter knowledge base.

Upon completion of the course, students should be able to do the following:

- Demonstrate a basic understanding of the systems in a human body.
- Discuss the process a plant goes through in order to grow.
- Explain the difference between types of animals.
- Determine which eating and care habits are the most healthy for students.
- Distinguish between the three phases of matter and describe their properties.
- Explain how sound travels.
- Describe why time and seasons change.
- Discuss how rocks are formed and how they change.
- Explain how heat is produced.

UNIT 1: YOU GROW AND CHANGE				
Assignment Titles				
SCIENCE 300	1.	Course Overview	11.	Experiment: Taking Your Pulse
	2.	Your Body Breathes Air	12.	Project: Bone Numbers*
	3.	The Body Needs Oxygen	13.	Quiz 3
	4.	Experiment: Breathing Patterns	14.	Your Body is Different from an Animal
	5.	Experiment: Your Lungs*	15.	Quiz 4
	6.	Quiz 1	16.	Special Project*
	7.	Your Body Digests Food	17.	Review Game
	8.	Experiment: Taste Test	18.	Test
	9.	Quiz 2	19.	Alternate Test*
	10.	Your Body Exercises and Rests	20.	Reference

UNIT 2: PLANTS				
Assignment Titles				
SCIENCE 300	1.	Plant Parts	10.	Experiment: Plant a Piece of Potato*
	2.	Experiment: Root Hairs	11.	Experiment: Bean Plant*
	3.	Experiment: Study a Stem*	12.	Quiz 3
	4.	Quiz 1	13.	Special Project*
	5.	Plant Growth	14.	Review Game
	6.	Experiment: Grow Some Plants	15.	Test
	7.	Quiz 2	16.	Alternate Test*
	8.	Plant Changes	17.	Reference
	9.	Experiment: Watch Bean Seeds Grow		

UNIT 3: ANIMALS: GROWTH AND CHANGE		
SCIENCE 300	Assignment Titles	
	1. Animals and The Environment	11. Quiz 2
	2. Experiment: Hourly Temperature Changes	12. How Animals Grow and Change
	3. Experiment: Heat Energy Comparison*	13. Project: Sow Bug Environment
	4. Project: Desert Locations*	14. Quiz 3
	5. Quiz 1	15. Special Project*
	6. How Animals are Different	16. Review Game
	7. Animal Structures	17. Test
	8. Project: Vertebrate Chart	18. Alternate Test*
	9. Eating and Breathing	19. Reference
10. Project: Sort Birds By Type*		

UNIT 4: YOU ARE WHAT YOU EAT		
SCIENCE 300	Assignment Titles	
	1. How to Build a Healthy Body	10. How to Form Good Health Habits
	2. How to Build a Healthy Body-2	11. Caring for the Eyes and Body
	3. Quiz 1	12. Quiz 3
	4. How to Plan for Healthy Eating	13. Special Project*
	5. Project: Breakfast Chart	14. Review Game
	6. Project: Lunch Chart*	15. Test
	7. Project: Dinner Chart*	16. Alternate Test*
	8. Project: Chart Totals*	17. Reference
	9. Quiz 2	

UNIT 5: PROPERTIES OF MATTER		
SCIENCE 300	Assignment Titles	
	1. Chemistry and Robert Boyle	11. Experiment: Mass Measurement
	2. Experiment: Be a Chemist	12. Experiment: Melting Ice Cubes*
	3. Properties of Matter	13. Chemical Changes
	4. Experiment: Volume	14. Quiz 2
	5. Experiment: Think about Mass*	15. Special Project*
	6. Experiment: Is Air Matter?*	16. Review Game
	7. Project: Matter List*	17. Test
	8. Experiment: Is Water Matter?*	18. Alternate Test*
	9. Quiz 1	19. Reference
10. Physical Changes		

UNIT 6: SOUNDS AND YOU		
SCIENCE 300	Assignment Titles	
	1. What is Sound?	11. How Do You Hear Sounds?
	2. Experiment: Vibrations	12. Experiment: Think About Hearing
	3. Quiz 1	13. Report: How Animals Hear*
	4. How Does Sound Travel?	14. Quiz 3
	5. How Are Different Sounds Made?	15. Special Project*
	6. Experiment: Sound Patterns	16. Review Game
	7. Report: Read and Write About Sound	17. Test
	8. Experiment: High and Low Sounds	18. Alternate Test*
	9. Experiment: Loud or Soft?*	19. Reference
10. Quiz 2		

UNIT 7: TIME AND SEASONS				
Assignment Titles				
SCIENCE 300	1.	How the Earth Moves	9.	Quiz 2
	2.	Experiment: The Earth	10.	Why Seasons Change
	3.	Experiment: Night	11.	Quiz 3
	4.	Experiment: The Earth's Rotation*	12.	Special Project*
	5.	Quiz 1	13.	Review Game
	6.	Why Time Changes	14.	Test
	7.	Experiment: Different Times	15.	Alternate Test*
	8.	Report: Months*	16.	Reference

UNIT 8: ROCKS AND THEIR CHANGE				
Assignment Titles				
SCIENCE 300	1.	How Rocks are Formed: By Heat	10.	Report: Mount Rushmore
	2.	Rocks Formed by Volcanoes	11.	Rocks are Used for Enjoyment
	3.	How Rocks are Formed: By Pressure	12.	Quiz 3
	4.	Experiment: Bubbling Grains of Rock	13.	Special Project*
	5.	Quiz 1	14.	Review Game
	6.	Rocks are Changed by Wind and Water	15.	Test
	7.	Rocks are Changed by Heat and Plants	16.	Alternate Test*
	8.	Quiz 2	17.	Reference
	9.	Rocks are Used for Building		

UNIT 9: HEAT ENERGY				
Assignment Titles				
SCIENCE 300	1.	Heat Energy (Part 1)	10.	Experiment: Changing Liquid to Gas
	2.	Experiment: Feeling Friction	11.	Quiz 2
	3.	Experiment: Oxygen and Fire	12.	Heat Energy Affects Our Lives
	4.	Heat Energy (Part 2)	13.	Quiz 3
	5.	Experiment: Static Electricity*	14.	Special Project*
	6.	Quiz 1	15.	Review Game
	7.	What Heat Energy Is and Does	16.	Test
	8.	Experiment: Water Molecules	17.	Alternate Test*
	9.	Movement of Heat Energy	18.	Reference

UNIT 10: REVIEW				
Assignment Titles				
SCIENCE 300	1.	Physical Change: Change in Man	10.	Experiment: How Sound Travels
	2.	Physical Change: Change in Plants	11.	Experiment: Temperature Comparisons
	3.	Physical Change: Change in Animals	12.	Quiz 3
	4.	Quiz 1	13.	Special Project*
	5.	The Earth	14.	Review Game
	6.	Seasons and Times	15.	Test
	7.	Project: Rock Collection	16.	Alternate Test*
	8.	Quiz 2	17.	Reference
	9.	Sounds and Energy		

(*) Indicates alternate assignment